

# JOURNALING

## Bingo Challenge



[www.beautyhubcentral.com](http://www.beautyhubcentral.com)

# Thank You for Downloading!

Make journaling fun, freeing, and full of self-discovery with our 30-Day Journaling Bingo Challenge! Whether you're restarting your self-care routine or looking to deepen your daily reflections, this challenge adds a playful twist to personal growth.

## How It Works:

- Complete 5 prompts in a row (horizontal, vertical, or diagonal)
- Or go for a blackout and fill the whole board!
- Use it daily or at your own pace
- Track your progress & win at self-love!

💡 **Each prompt is designed to help you:**

- ✓ **Reflect on your beauty rituals**
- ✓ **Reconnect with your purpose**
- ✓ **Practice gratitude and mindfulness**
- ✓ **Tap into your inner confidence**

🎁 ***Bonus: Tag us @BeautyHubCentral with your bingo board to be featured!***

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## Bingo Challenge

Reflect on today's highlights	Write a letter to your future self	Describe a recent dream	List your top 3 goals	Gratitude for something new
A challenge you overcame	Describe a happy moment	Your self-care routine	Write about a favorite book	Record a random thought
Set a personal intention	List things that make you smile	Write about a role model	Describe your ideal day	A lesson learned recently
Write a wish for the future	Describe your favorite place	Plan a mini adventure	3 things I'm good at	Reflect on a recent conversation
A goal I'm working on	10 things I'm grateful for	A memory I will never forget	A habit I want to break	Something I've always wanted to do